



AGM-2024

AUGUST-NOVEMBER 2024

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## PRESIDENT'S IMPRESSIONS



Dear Members:

With immense gratitude and pride I began my second tenure as President of Ranchi Club, our cherished second home. The New Executive Committee for 2024-25 is dedicated to continuing

the legacy of our predecessors while focusing on enhancing entertainment, sports, and infrastructure to make our Club an even better place.

We started the year with a Health Check-up Camp with invaluable support of Raj Hospitals, Ranchi. Over 80 members benefited from the complimentary health screenings.

The RCL Carrom Tournament was another remarkable success, with over 70 members participating enthusiastically across all age groups.

The vibrant celebrations of October started with The Navratri event, 'Phir Se Dhol Baje', featuring outstanding performances by the talented ladies of our Club, accompanied by excellent food and decor.

The RCL Poker Tournament witnessed record participation and high stakes, creating unforgettable memories for all.

October also saw the Billiards Room buzzing with excitement during the well organised and thrilling matches at the Slesh Tournament.

RCL's 'Swarnim Deepawali' celebration was a grand affair, with over 2,500 attendees enjoying stunning decor and mesmerizing performances. My heartest gratitude to the entire Executive Committee, our sponsors, and the hardworking club staff, whose dedication ensured the event's flawless execution.

November started with RCL's 'Nature Trek' which brought together over 100 members for a day of adventure and camaraderie amidst lush greenery. Another milestone was the inauguration of the revamped Karaoke Lounge, 'Chorus', which has been highly appreciated for its modernized ambience and appeal.

On the infrastructure front, the 2,500 sq. ft. Front Lawn kitchen mainly for Chinese & South Indian dishes featuring separate vegetarian and non-vegetarian sections, is now operational. I'm sure it will set a new benchmark for club kitchens nationwide.

Work on the new fine-dine restaurant is also in full swing, aiming to deliver a premium dining experience for our members.

Additionally, over 30 staff families have been relocated facilitating the progress of the Institutional Building Project.

I am delighted to share that we have tied up with four major sponsors this year—Premsons Motors, Premsons Ford, Jewar Jewellers, and Osum—whose support has been instrumental in achieving new milestones.

Regular events like Friday Musicals, Sunday Tambola, and movie screenings continue to be crowd favourites, bringing members together for moments of joy and entertainment.

With winter here, Sunday Tambola will soon shift to the afternoons, offering members a more comfortable experience.

Looking ahead, we have a lineup of exciting events and sports activities planned for the coming months. I encourage all members to participate and make these events even more successful.

Happy Clubbing!

**Manish Jalan**  
President

## EDITORIAL BOARD



Hello readers,

Winter is here, whispering through the chilly breeze and wrapping the world in their frosty embrace.

As December unfolds, bringing the joy of celebrations, we stand on the brink of a new calendar year, ready to celebrate the 21st century's silver jubilee.

This edition is made special with Miss Manvi's delightful cake recipe, sure to add flavour to your festive season.

The past three months at Ranchi Club have been eventful, and we have strived to capture the essence of all the activities for our readers.

For the adrenaline junkies, Mrs. Vandana Khemkha's captivating account of her recent Ali Bedni trek will be a treat to read.

Additionally, Mrs. Nitya Kumar has once again crafted a wonderful quiz to engage and entertain you.

A heartfelt thanks to all our advertisers for their support, and I hope you thoroughly enjoy this edition."

Happy reading!

ROHAN BHATIA



Ranchi Club family congratulates Master Iraj Pradhan, son of our member Dr. Kaushal Pradhan, for securing the 2nd Runner-Up position in the first-ever GD Goenka Open Inter School Badminton Championship.

We are immensely proud of Iraj's achievement and wish him and his proud parents continued success and many more laurels in the future!



Heartiest congratulations to the Ranchi Club family! We are delighted to announce that The Pavilion, inaugurated in 2022, has been selected as a contender for the prestigious Architecture Design of the Year 2024 in the Hospitality segment.

This esteemed recognition celebrates its outstanding design, innovation, and remarkable contribution to redefining excellence in hospitality.

Kudos to everyone whose efforts and vision have made this incredible achievement possible!

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# 139<sup>th</sup> AGM of RCL 31<sup>st</sup> August 2024



## Rang-e-Ghazal During the AGM 31<sup>st</sup> August 2024



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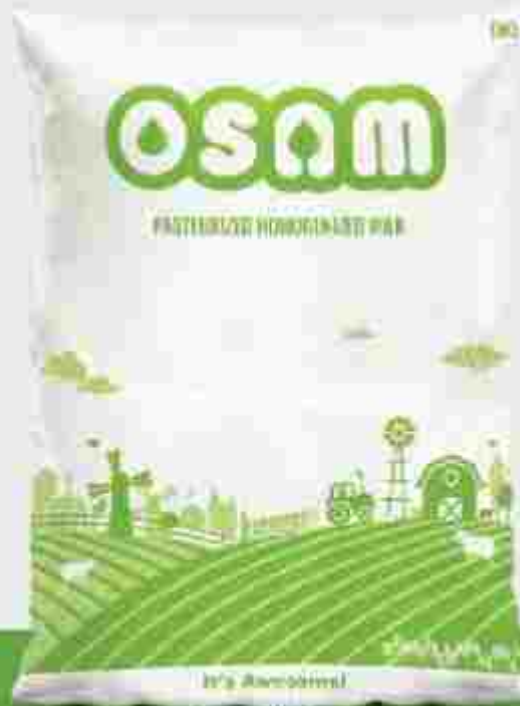


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## RCL Carrom Tournament 21 - 22<sup>nd</sup> September 2024



## Annual Chips and Chair Poker Tournament 6<sup>th</sup> October 2024





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# FEEL...DEAL...HEAL...

Our actions speak louder than anything we say & often stimulate how parts of our kids brain form! Take a moment & ask yourself few questions:

- Q. What do you really want for your children?
- Q. What qualities do you hope they develop & take into their adult lives?

Most likely all of us want them to be happy, independent, successful enjoying meaningful relationship.

Kids can't behave right when they don't feel right.

Various tools to handle emotions are:

## #1. Acknowledge feelings with words:

Good feelings can't come in until bad feelings are let out. If we still try to stuff those bad feelings back in, they'll marinate & become more potent.



### SCENARIO 1:

**CHILD TO MOM:** I hate Shekhar! He always cheats in games. I will never play with him.

**USUAL RESPONSE:** You should not talk like this. He is your best friend. We don't say "HATE" word at all.

**BEST RESPONSE:** OK! You sound really upset. Something Shekhar did really annoyed you!

Often a simple acknowledgement of feeling is enough to defuse a potential meltdown.

## #2. Acknowledge feelings with writing:

Seeing their feelings & desires written down in black & white can be very powerful, even for pre-readers. Match their emotions & be dramatic.

### SCENARIO 2:

**CHILD TO MOM:** I love my legos. I don't like it when he comes every

time and breaks the pieces. I will have to again put in that much effort.



**USUAL RESPONSE:** It's OK! We can fix it. You don't have to make a fuss about it.

**BEST RESPONSE:** This is frustrating! I know you don't like it when somebody doesn't handle it well. Let's draw how you're feeling & then he drew a crazy stuff with scribbles, big tear drops, scribbled face of his friend. Then ---Giggled---Tantrum averted.

## #3. Give in fantasy what you can't give in reality.

### SCENARIO 3:

**CHILD TO MOM:** I want to buy the candy. It's my favourite.

**USUAL RESPONSE:** It's not good for your health. You'll have big big cavities.



"Resist the urge to lecture on tooth decay at that moment to an already distressed child. It isn't the right time.

**BEST RESPONSE:** Admit it! Candy tastes yum! Wouldn't it be nice if we could have candy for all 3 meals and nothing would go wrong with our teeth! What if everything this entire world is made up of candy!.. the roads..the cars..the dress.. (Encourage to chime in)

We should all believe in the fact that "WE ARE ALL GOOD INSIDE"!



Many parents see behaviour as the measure of who our kids are. Instead, we should see it as an expression of needs, not identity.

Our brain can't process the word "Don't"!

### TAKE HOME MESSAGE:

1. Compliment your child for their efforts rather than his/her intelligence!
2. There's no magic wand. There is no perfect parent. We should stop labelling ourselves as "bad parent"!
3. Just communicate your love & give them some space... be available. Talk about a situation when they're ready!
4. Kids benefit when we mess up. They learn:
  - \*how to apologise & make things right.
  - \*how to deal with different situation in state of stress & learn to trust.
5. We can always reconnect, even if there's a conflict or an argument, there is a pretty good chance of repair.

Once you discover this approach of parenting, you'll likely want to share it with others in your life who might join you in this great responsibility of raising the future.

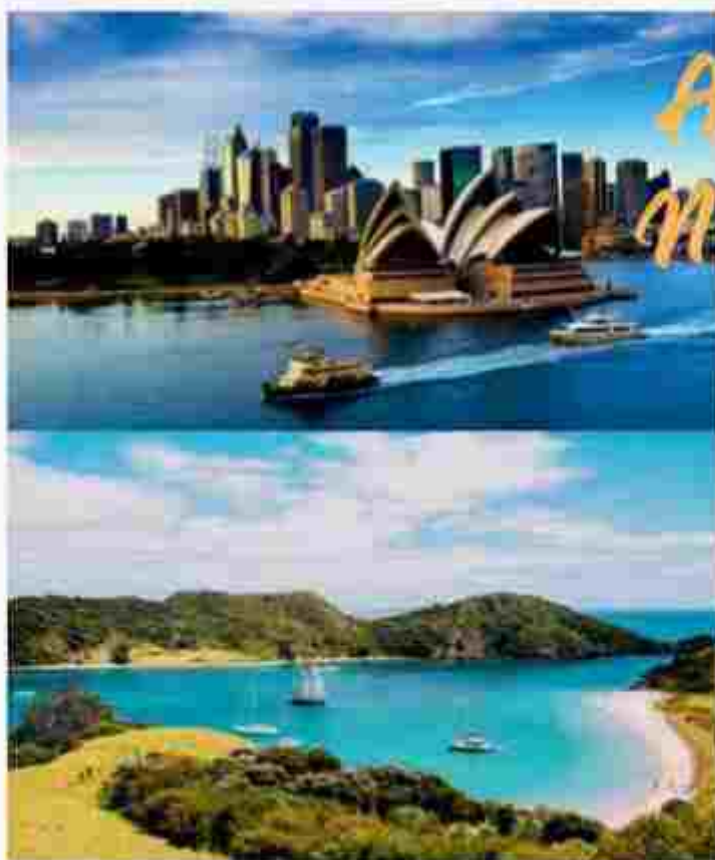


Intention & Attention should be our goals, not some rigid, harsh expectation of perfection.

**Dr. Anshu**  
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## Ali Bedni Bugyal Trek



Ali Bedni Bugyal trek is one of the largest and most beautiful meadows trek in India. 'Bugyal' in the local language means meadows and both Ali and Bedni are renowned to be the most magnificent bugyals in Asia. These bugyals are alpine pasture lands in higher elevation range between 3300 metres (10800 ft) and 4000 metres (13000 ft) of the Himalayas where they are called "nature's own gardens". Each scene is awe-struck having lush green meadows with animals grazing on it, various waterfalls, small villages, shepherded huts and snow-capped peaks.

The high altitude Ali Bedni Bugyal trek falls at the border of the Garhwal and Kumaon region of Chamoli district in the Indian state of Uttarakhand. The journey starts from Dehradun en route Rishikesh, Devprayag, Karnaprayag, Rudraprayag, Mundoli and so on to finally reaching the base camp at Lohajung.

Ali and Bedni both have their own unique speciality though the latter's trail is a lot more tougher. But then, that is what attracts a dedicated trekker who dreams to capture the peak's high altitude panoramic view with a mindful inclined steep elevation bearing one's own heavy rucksack on the back with a walking stick in hand, adorning the ponderous trekking shoes with a blessing hat and UV-protected sunglasses, a fleece tied to the waist and gloves adorn with a temptation to the mind and soul, a thirst to capture the picturesque, an apprehension in the heart, determination in the mind and a big smile with already cracked lips courtesy to the chilling weather.

### Get Set Go !!!

The legendary Lord Curzon trail – On reaching the Lohajung base camp, we had to reach Kuling 8kms via a car. But, the impatient trekker as we are, decided

to skip the drive and commenced the trek walking to Kuling with my dear rucksack. From Kuling, the hazardous descent started with a precarious jungle off-roading. The entire pathway





was loaded with heavy cobblestones, gravels and grits and pebbles. This was again a 7km trek with ups and downs from Kuling to the sweeping view of the Didina village passing via the scenic Neel Ganga river. One has to cross the iron bridge here to get onto the other side of the river. One could see the Didina village flowing gracefully down the hillside. Didina is a unique village. It is perched on a plateau that juts out of the mountain face like a ramp. One has to climb a sheer cliff to get to the village. Despite its fame, this section of the trail is rarely trekked on. The tents were put up accompanied with a mouth watering hot lunch in the late afternoon.

Via the forests of Tolpani to Ali Bugyal - The following day started from the Didina village, ascending and descending steeply towards Ali Bugyal through dense forests of oak, maple, cedar, pine and rhododendrons streaming their enchanting presence everywhere in the mountains. From Didina, there are two ways to reach the Ali meadows. Most take the direct route to Ali, climbing above Didina in quick switchbacks to breakout of the forest just below the main Ali hump. Then there's a second trail, that most trekkers miss out on. This goes via a clearing to the right of Didina, at Tolpani. This trail takes trekkers through some of the most stunning oak and rhododendron forests they will ever see. Even better are the clearings in the forest. This trail is something that every trekker must stop and take notice of. Beneath you is a never ending carpet of brown leaves. You see intertwined roots, criss-crossing over each other. You see moss-laden trunks, soft as a carpet to touch. The trees in the forests must be



over a 1,000 years old. It was a tough ascend. Out of nowhere, in the middle of these forests, one comes across to see lovely clearings. It's one of the most endearing sights to be a part of. It's straight out of a fairy tale. A magi and herbal tea centre point was there which was most welcoming after a very tedious and strenuous path.

Then again off to ascend and descend towards Ali which seemingly looked as if entering into another planet. Exit the forests and enter the beginnings of Ali Bugyal. The view was stunning. I stood rooted to the ground. The grassland was overwhelming and incessant and loomed in front of me. It was magical. With the coldness setting in, the walk continued to nowhere lands finally summing off with 12kms and camping at Abin Kharak, a clearing right outside the forests of Gehroli. The rare sunset and the sunrise view at the Z point brought tears to the eyes!!! The speciality of Ali Bugyal is that you not only see one of the grandest alpine meadows of our country, but you are surrounded by some of the most famous big mountains of India. It's a rare sight to see these off the meadows.

From Ali to Bedni via the Bedni kund to Gehroli Patal - Bedni kund is a site of high religious significance as it hosts the world famous Raaj Jaat Yatra, a gruelling pilgrimage which takes place once in every 12 years. According to Hindu mythology, this was also the place where the demon Mahishasur was slain by Goddess Durga. The ascend to Bedni to Gehroli Patal seemed never ending. It was the cherry on the top. The summit seemed unreachable. Every step felt loaded and worn. The rucksack felt more heavier than ever. I was exhausted and breathing hard. But then the sight that greeted me was a sight to behold. I was zapped. Mt Trishul and Mt Nanda Ghunti stood towering over me. The Chaukhamba massif, Neelkanth and Hati


Ghoda Bethartholi, the Himat and Ronti Saddle and the whole family of greater Himalayan mountains stood in line horizontally one beside the other. Then the descent began with streaming down the mountains fearing to look anywhere other than watching your own step. Summing off with another 12kms that day. Camping in the forests of Gehroli Patal, a dark deep world where every movement and every sound seemed daring but mystical. Finally, it was like the last straw in the hat. The extreme tough descent trail from Gehroli Patal to the river and then again crossing the river to ascend to Wan village was a countdown with 10kms in the bag. The trek concluded with the darshan of the Lattu devta in the Wan village where I was very fortunate to receive the blessings of the Almighty.

The unheard pahadi myths of Shiva and Parvati - The Ali Bedni Bugyal trek has seeped into the Shiva-Parvati mythology. While such mythological stories find their way into every household as bedtime stories, these pahadi stories are rarely heard of. The entire trail of Ali Bedni marks the journey of Shiva and Parvati and their children between Kumaon valley, Parvati's home and Kailash Manasarovar, where Shiva and Parvati lived after their marriage. It is said that all of them carried out this journey every four years to visit Parvati's maternal home and then return to Manasarovar.



Vandana Khemka

# The Changing Scenario of Indian Festivals



India, a land of diverse cultures, languages, and traditions, has always been known for its vibrant festivals. These celebrations, deeply rooted in religious and cultural practices, have historically brought communities together, fostering a sense of unity and joy. However, with rapid modernization, globalization, and changing societal dynamics, the way Indians celebrate their festivals has undergone significant transformations. This write-up explores the various facets of this changing scenario.

## Traditional Celebrations: A Glimpse into the Past

Traditionally, Indian festivals were deeply intertwined with religious rituals and community participation. Festivals like Diwali, Holi, Eid, and Christmas were not just about personal joy but also about communal harmony. Diwali, for instance, involved days of preparation, including cleaning homes, making sweets, and performing elaborate rituals. Holi was celebrated with natural colors, traditional songs, and dance, often in open community spaces.

Family and community were at the heart of these celebrations. Extended families would come together, and there was a significant emphasis on togetherness, sharing, and collective festivities. Local customs and traditions were meticulously followed, and there was a strong sense of continuity with the past.

## The Impact of Urbanization and Modern Lifestyles

With the advent of urbanization and the shift towards nuclear families, the traditional ways of celebrating festivals have seen considerable changes. In cities, space constraints and busy lifestyles have led to more compact and less elaborate celebrations. For instance, in urban areas, it is common to see firecrackers limited to a few minutes during Diwali due to pollution concerns and space restrictions.

Moreover, the influence of technology and digitalization has significantly altered the landscape of festival celebrations. Online shopping has replaced traditional markets for purchasing festival essentials. E-greetings and social media messages have taken over the practice of visiting friends and relatives. Virtual celebrations, especially post-pandemic, have become a norm, with families connecting

over video calls and sharing festive moments digitally.

## Commercialization and Consumerism

One of the most notable changes in the celebration of Indian festivals is the rise of commercialization and consumerism. Festivals have become major marketing events for businesses, with extensive advertising campaigns and special discounts. This trend is evident in the way Diwali has transformed into a shopping festival, with people buying new clothes, gadgets, and household items, often influenced by lucrative sales and promotions.

Similarly, Valentine's Day, which was relatively unknown in India a few decades ago, has gained immense popularity due to aggressive marketing by the greeting card and gift industries. This shift towards consumerism has, in some ways, diluted the traditional essence of festivals, making them more about materialism than spiritual or communal significance.

## Fusion of Cultures and Global Influence

The influence of globalization has also led to a fusion of cultures in the celebration of Indian festivals. Indian diaspora communities abroad celebrate festivals with a blend of local and traditional elements, often adapting to the host country's customs and practices. This cross-cultural exchange has enriched the way festivals are celebrated, introducing new traditions and practices.

In India, the celebration of international festivals like Halloween and Christmas has become more widespread, especially in urban areas. This cultural amalgamation has added a new dimension to the festive calendar, making it more inclusive and diverse.

## Eco-friendly and Sustainable Celebrations

In recent years, there has been a growing awareness of the environmental impact of traditional festival practices. This has led to a shift towards eco-friendly and sustainable celebrations. For instance, the use of eco-friendly materials for Ganesh Chaturthi idols, avoiding plastic decorations, and opting for organic colors during Holi are becoming increasingly popular.

The younger generation, in particular, is more conscious





of environmental issues and is advocating for greener celebrations. This shift not only helps in preserving the environment but also in reviving some of the traditional practices that were inherently sustainable.

**Conclusion: Embracing Change while Preserving Tradition**

The changing scenario of Indian festivals reflects the dynamic nature of Indian society. While modernization, commercialization, and globalization have brought about significant changes, there is also a conscious effort to preserve the essence of traditional celebrations. Festivals continue to be a time of joy, togetherness, and cultural expression, albeit in evolved forms.

The future of Indian festivals lies in balancing modern influences with traditional values, ensuring that the spirit of these celebrations remains intact. As India continues to evolve, its festivals will undoubtedly continue to adapt, reflecting the country's rich cultural tapestry and the resilience of its traditions.

Amrita Bhatia



**Sudoku**

		3		6		1		
		2						8
		4	9					
7			1		2	8	9	
				5	6			3
1								
	8		3					
				4	7	4	6	
					9			2

**RCL Slesh Tournament  
18 - 20<sup>th</sup> October 2024**



# Phir Se Dhol Baaje

4<sup>th</sup> October 2024





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# RCL's 'Swarnim Deepawali'

30<sup>th</sup> October 2024



# RCL's 'Swarnim Deepawali'

30<sup>th</sup> October 2024



## ठहराव

अब उस ठहराव पर हूँ  
कि हर रिश्ते को  
सामने वाले जितना ही मान देती हूँ,  
कोई जाना चाहे तो रास्ता बता देती हूँ,  
अब नहीं होता मन कि,  
बाँह पकड़ रोक लूँ जाने वाले को,  
या फिर कहूँ कि रुक जाओ,  
तुम बिन अच्छा नहीं लगता,  
कि तुमसे जुड़े हैं कुछ रिश्ते,  
उन्हीं रिश्तों का मान रख रुक जाओ...नहीं  
अब तो खुद सामने से कह देती हूँ

उन्हें नहीं बस चले जाओ  
अब नहीं जोड़ती खुद को किसी से,  
अब बस शब्दों के ही बंधन हैं,  
अब नहीं फर्क पड़ता कि कोई क्या था मेरे लिए,  
अब न कोई याद रहता है न याद करती हूँ,  
खुद से ज्यादा तबज्जो  
किसी और को नहीं देती,  
लोगों के जाते ही,  
मैं मन की चौखट का किवाड़  
बंद कर लेती हूँ,  
अब उस ठहराव पर हूँ ॥



(अनुमिया कोहली तलेजा)

## आह जिंदगी वाह जिंदगी

असरतों की पगडंडी में नागती दीड़ती,  
कभी गिरती, तो कभी संभलती है जिंदगी।  
बंद आंखों से देखती आसमान से ऊँचे ख्वाब,  
और फिर उन्हें सजाने को मचलती है जिंदगी।

ठंड के कोहरे से लिपटी अतीत के वजूद में  
भविष्य के दर्पण में झाँकती है जिंदगी।  
बारिश के साफ पानी सी बरसती तो है मगर  
जमीन पर आते ही दलदल सी हो जाती है जिंदगी ॥

गर्मों के तेज सूरज से चमकना वह चाहती है,  
पर पसीने से सराबोर बेहाल है जिंदगी।  
मौसम के जैसे रंग बदलती तो है जरूर  
पर फिर भी बेरंग नजर आती है जिंदगी ॥

वक्त के तराजू में जो तौल ना पाए खुद को,  
तराजू के उस पलड़े सी लाचार है जिंदगी।  
खुद इंसान के हाथ में नहीं जिसकी पतवार  
दुनियादारी की रेत में फंसी वह नाव है जिंदगी ॥

दुनिया के चौक-चौराहों पे भीड़ में खड़ी,  
बच्चे के जैसे जिद पर अड़ी है यह जिंदगी।  
गर जीतती नहीं तो वह हार भी ना मानती,  
खुद से खुद के संघर्ष का है नाम जिंदगी ॥



(स्मिता जैन)

## Sudoku Answer

8	7	3	2	6	4	1	5	9
9	1	2	5	7	3	6	4	8
5	6	4	9	8	1	2	3	7
7	4	5	1	3	2	8	9	6
2	9	8	4	5	6	7	1	3
1	3	6	7	9	8	5	2	4
6	8	9	3	2	5	4	7	1
3	2	1	8	4	7	9	6	5
4	5	7	6	1	9	3	8	2

# India's Leading Skincare Clinic

*\*Now in Ranchi\**

- Phone : +91 99875 87147
- Instagram: skinlabindia
- Email : ranchi@skinlab.in

**Location:** Second Floor, Urmila Gopal Bhawan, Shahjanand Chowk, Harmu, Ranchi- 834001

## EXCITING OFFERS

**Use code: RCL10 to avail 10% OFF\***  
(It's mandatory to present the RCL membership card at the help desk). \*Offer valid till March 2025\*

- US-FDA Approved Technology
- State-of-the-art Setup
- Personalized Treatments by Doctors and Trained Technicians
- Assured Result-Oriented Treatments

Dr. Jamuna Pai's

# SkinLab

STUDIO



## About SkinLab

Dr. Jamuna Pai's SkinLab, established in the year 1984 in Mumbai, is India's leading skincare clinic brand. SkinLab offers US-FDA approved technology, a state-of-the-art setup, and personalized treatments by doctors and trained technicians. We ensure assured, result-oriented treatments for all our clients, providing expert solutions for every skincare need.

## About Dr. Jamuna Pai

Dr. Jamuna Pai is considered the "Pioneer of Cosmetology" in India with over 30 years of experience in the field of beauty & aesthetics. She was the first to bring various treatments to India including Botox - the world's best anti-aging treatment, Professional Pigmentation Peels which brighten and provide the skin with an even tone, and Lasers for Hair Reduction and Skin Tightening. She holds seminars and trains doctors both internationally and in India and has been awarded as the best skincare expert by leading magazines Vogue and Elle. Recently she also authored her best-selling book - "No One Has To Know".

### Treatments we offer :

Acne Solutions | Laser Hair Reduction | Skin Tightening | Professional Peel | Medi-facials | GFC (Advance PRP) | Pigmentation | Botox | Fillers | Exosomes | Acne Scar Treatment | Stretch Marks | Wrinkles and fine Lines | IV Therapies | Skin Brightening | Hair Loss

## POPULAR TREATMENTS

### Pigmentation Treatment

This advanced pigmentation and skin brightening treatment targets stubborn pigmentation and brightens the skin. One of our best-selling treatments.

### Permanent Laser Hair Reduction

Always use US-FDA approved gold standard diode technology which has been tried and tested in India on skin types with great results. This laser offers a comfortable and permanent solution with no downtime.

### Skinlab Med-grade Facials & Clean Ups

Our exclusive Med-grade and Clean-Up are designed to meet your skin's unique requirements. Our DWBlast treatment provides pure oxygen to deep layers of skin to purify and help with the crystal clear Med-grade (Microdermabrasion) exfoliate and reveal younger, smoother skin. Also don't forget to choose from a variety of other therapy options at Skinlab including Hydrafacial and other treatment modalities.

## Skin Tightening

Tighten and Contour skin with US-FDA approved technologies for skin tightening. The treatment stimulates collagen synthesis and is ideal for targeting fine lines, wrinkles and overall facial skin tightening.

## Anti-Ageing

Our anti-ageing treatments, including Botox, Fillers, and Stem Regeneration, effectively reduce wrinkles, restore facial volume, and rejuvenate skin. Botox relaxes facial muscles to smooth out lines, while dermal fillers replenish lost volume and enhance facial contours. Stem regeneration therapy stimulates cell renewal for a youthful glow.

## Advance GFC for Hair Growth

GFC Treatment utilizes concentrated growth factors to naturally rejuvenate skin and stimulate hair growth. This advanced therapy surpasses traditional PRP, offering a non-surgical path to smoother, younger-looking skin and denser, healthier hair. Embrace the transformative power of GFC and unveil your most radiant self.

## Acne Treatment

Our comprehensive acne treatment combines advanced technologies to target the root cause of acne, reducing breakouts and preventing future blemishes. This personalized approach ensures clearer, smoother skin with long-lasting results.

## IV Therapy

Boost your wellness with our customized IV therapy designed to deliver essential vitamins and nutrients directly into your bloodstream. Whether you're looking to rejuvenate your skin, enhance energy, or recover from fatigue, our IV treatments are tailored to your specific needs.

## Advanced Brightening Peel

This potent treatment is specially designed to reduce pigmentation, sun spots, and uneven skin tone. The advanced brightening peel exfoliates the skin surface and penetrates deep to reveal a brighter, more radiant complexion.

Locations:

Mumbai | Delhi | Pune | Bangalore | Chennai | Kerala | Hyderabad | Kolkata | Thane | Kochi | Jaipur | Mysore | Bhopal | Bhub

## Hello, Sweet Tooth's !

I'm Manvi - a passionate baker and the flavour creator behind **MANVI'S CREATION**.

What started as a love for mixing flour and sugar has turned into a full-blown obsession with making desserts that bring smiles, spark memories, and make your taste buds do a happy dance!

Baking is an art, but it's also about having fun and experimenting. I create everything from gorgeous custom cakes that could be the star of your party, to warm, melt-in-your-mouth cookies that make your day just a little bit better. Whether you need something classic or want to take a sweet adventure with a unique flavor twist, I'm here to make it happen.

What makes us different? Every treat is baked with only the highest-quality ingredients, a dash of creativity, and a whole lot of love. I'm always testing new recipes, finding unexpected flavor combos, and adding that little extra something to make each bite unforgettable.

### BAKING IS JUST LOVE, MADE EDIBLE.

I started my journey 4 years back by selling freshly homebaked cakes from my kitchen to yours! Cakes, Cupcakes have always been my weakness. So I learned the science and art of baking.

Through this I had a chance to show my baking skills and creativity to all the beautiful people out there! So, here I am sharing my go-to recipe which is one of my favourites!

### BANANA Walnut Cake

- \* 2 ripe bananas
- \* 85 gms brown sugar
- \* 1 tsp vanilla
- \* 1 tsp cinnamon powder
- \* 100 gms flour
- \* 50 gms oil
- \* 1/2 tsp baking powder
- \* 1/2 tsp baking soda
- \* 25 gms walnuts
- \* 50 gms dark chocolate
- \* splash of milk

Method : Preheat your oven at 180 degrees  
Mash the bananas with sugar and oil, add in vanilla and cinnamon and mix well.  
lastly fold in all the dry ingredients with splash of milk, walnuts and dark chocolate.  
Bake it at 180 degrees for 30- 35 mins and enjoy!

My experience here is pretty amazing! I am learning new things daily.  
There are clients who are my great friends now!

Would like to thank all the beautiful people who have always supported me and gave so much love!



My Instagram handle is **MANVI'S CREATION**  
You can always slide into my Dms!





## "Into the Wild" A day trek

10<sup>th</sup> November 2024



## Inauguration of Chorus : The Karaoke Lounge

15<sup>th</sup> November 2024



# RCL Table Tennis Tournament

23<sup>rd</sup> and 24<sup>th</sup> November 2024



## Porsche's Legendary

When you talk about this goat,  
People will never loath.  
Porsche 911 is a beauty,  
People stare it when I take it to my duty.  
Engine so smooth,  
The touchscreen has my eyes glued.  
It's a coupe  
Its lover is no dope.  
When you apply force  
It runs faster than a horse.  
With a top speed of 320 km/ hour,  
Kilowatt three hundred eighty six the  
horsepower of these vehicles are.  
In moments the distance covered will be  
far.  
Mileage of 10.64 per litre,  
Boot space of one hundred thirty two litre,  
Worth the price ranges are,  
It has leather seats.

It's looks giving royal treats,  
The car can even be a place one sleeps.

Heaven feel alloy wheeling,  
Comfortable ventilated seating,  
Just gives palace feeling.

Starting is the width of nineteen hundred  
mm,  
Beauty is the length of forty five hundred  
seventy two mm,  
The edges give no money fritter.

There's anti lock breaking system for  
children,  
From voice command the car will be driven.

Fuel tank is sixty four litres,  
Just in a car of four seaters.

The gear box has powers of eight,  
I will buy it if it's in my fate.  
It has two doors,  
Lucky is the buyer who has source.  
It even has a heater,  
I will enjoy the fuel's each litre.  
I embrace it like a lover,  
It's the declining generations car look saver.  
I will drive it with pleasure,  
It's my moods inciner.  
Seeing it gives me goose bumps,  
It's looks make my mind numb.  
I love it to my hearts core,  
There is nothing I can want  
more.  
Complains will come never,  
It's the best sports car ever!

-Swarit Jain



# GK QUIZ

1. Which country recently conferred President Droupadi Murmu with its highest civilian award?

- (A) Bangladesh
- (B) Russia
- (C) Sri Lanka
- (D) Fiji



2. Which day is observed as 'Nirbhaya Day' every year?

- (A) 5 August
- (B) 6 August
- (C) 7 August
- (D) 8 August



3. Who has been appointed as the new Chairperson of the Union Public Service Commission (UPSC) recently?

- (A) Suman Sharma
- (B) Preeti Sudan
- (C) Rajiv Nayari
- (D) Pradeep Kumar Joshi



4. What is the rank of India in the Global Agriculture Export?

- (A) 6th
- (B) 7th
- (C) 8th
- (D) 9th



5. Finance Minister Nirmala Sitharaman has presented the Union Budget 2024. She presented the Union Budget for the \_\_\_\_\_ time in a row.

- (A) 6th
- (B) 7th
- (C) 8th
- (D) 9th



6. Who presented the first Union Budget of independent India?

- (A) Jawahar Lal Nehru
- (B) R. K. Shanmukham Chetty/Kolkata
- (C) Sardar Vallabh Bhai Patel
- (D) C. Rajagopalachari



7. Which state government recently launched 'Mahayojani Mission Samman Yojna'?

- (A) Bihar
- (B) Odisha
- (C) Haryana
- (D) Jharkhand



8. Where is India's First Pilot Project for Underground Coal Gasification being conducted?

- (A) Jamtara, Jharkhand
- (B) Dumka, Jharkhand
- (C) Bokaro, Jharkhand
- (D) Dhanbad, Jharkhand



9. What is the theme of 'International Olympics Day 2024'?

- (A) Together, For a Peaceful World
- (B) Let's Move and Celebrate
- (C) Together for a better world.
- (D) Moving Forward: United



10. Who achieved India's first winning quota for Paris Olympics?

- (A) Bairaaj Panwar
- (B) Sawarn Singh
- (C) Arjun Lal
- (D) Jaswinder Singh



11. In which country did the ancient Olympic Games originate?

- (A) Greece
- (B) Rome
- (C) Egypt
- (D) China



12. Who is considered the father of the modern Olympic Games?

- (A) Michael Phelps
- (B) Jesse Owens
- (C) Pierre de Coubertin
- (D) Usain Bolt



## ANSWER

1- d, 2- b, 3- b, 4- c, 5- c, 6- b  
7- d, 8- a, 9- b, 10- a, 11- a, 12- c

Quiz by  
**NITYA KUMAR**



## FROM THE DESK OF HONY. SECRETARY



1. Please inform the Club Office in case you are not receiving your bills, RCL Times and Whatsapp Messages.
2. Members are requested :
  - i] not to bring attendants / bodyguards beyond permissible limit of Club premises.
  - ii] not to bring eatables from outside, into the Club.
  - iii] to park their vehicles in the designated parking space and ensure the car have proper RCL stickers.
  - iv] to ensure that ayahs are restricted only to the playpen and children playground area in the front lawns. Members are requested to instruct ayas and children to keep their footwear outside the playpen.
3. As per the Club Bye laws, members are requested not to introduce Local Guests. Local Guests can only be introduced with prior permission of the Hony. Secy. Local Guests will not be permitted to use the Club on Saturdays, Sundays and Club program days. Members are requested to co-operate and fill up the guest form completely.
4. Members are requested to ensure that all their outstation / Local Guests carry proper Photo Id with address proof with them while visiting the Club. It is mandatory to produce the same at the club for records.
5. Dependants are not allowed to introduce guests at the Club.
6. A Suggestion box has been placed at the club reception for Members.
7. Members are requested not to ask the Club to send Club Staff for their Household/private function since such service hamper the service at the Club.
8. Membership is now open in Permanent (sons and daughter of permanent members, who have attained 21 years of age), Associate, Courtesy and Corporate categories. Forms can be collected from the club office.
9. Club bar and kitchen Close at 10:30 PM on weekdays and 11 PM on Saturdays and Sundays. Please Place your orders accordingly.
10. Members opting for online payments against their dues/ advance of monthly or yearly bills are requested to please inform Club office via an e-mail to ranchiclub@gmail.com regarding the details of the transaction.
11. Members can download the RCL's App from Google Play Store/Apple Store.
12. The Club has officially phased out the old car stickers. members have to collect the new car stickers from the club office and ensure they are promptly displayed on their vehicles for seamless access.

Dushyant Jaiswal  
Hony. Secretary

May I help you : Rakesh Kumar, Asstt. Secretary : +91 9431591832

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